

# Jan Bland, RN, MSN, FNP-BC

## Curriculum Vitae

### EDUCATION

**Grand Canyon University, Phoenix, Arizona**

*Master of Science, Family Nurse Practitioner, 2009*

**Arizona State University, Tempe, Arizona**

*Bachelor of Science in Nursing, 1999*

### LICENSURE & CERTIFICATIONS

**Registered Nurse Licensure**

State of Arizona, current through June 2012

**Certification**

American Nurses Credentialing Center Family Nurse Practitioner, July 2009

Basic Cardiac Life Support, current through April 2010

Advanced Cardiac Life Support, current through April 2010

### FNP STUDENT CLINICAL EXPERIENCE

**Adult Primary Care**

*Banner Arizona Medical Clinic, Peoria, AZ*

*1/09-5/09*

*Clinical Preceptor: Kathy Biondo, ANP*

Provided general medical care and treatment to patients in medical clinic. Managed acute illnesses and chronic, complex, multi-system disease processes of adults with a cardiology emphasis in an office and hospital settings.

Counseled clients regarding health risk factors, smoking cessation, stress management, physical activity, and disease management.

**Pediatric Primary Care**

*Bright Horizons Pediatrics*

*10/08-12/08*

*Clinical Preceptor: Dr. Mario Borlongan, MD*

Provided well-child care including immunizations, anticipatory guidance, and health promotion education in an urban pediatric clinic.

Provided general medical care and treatment to patients in medical clinic. Managed acute illnesses and chronic disease exacerbations for infants, children, and adolescents while incorporating psychosocial elements.

**Obstetrics and Women's Health**

*Sun Health Women's Center, Sun City West, AZ*

*6/08-8/08*

*Clinical Preceptor: Janelle Hoover, WHNP*

Provided prenatal and postpartum care to women ages 15-45 in an urban health clinic.

Provided general medical care and treatment to patients in medical clinic. Counseled clients regarding health risk factors, smoking cessation, stress management, physical activity, and disease management.

**Family Practice**

*All Family Care, Phoenix, AZ*

*1/08-5/09*

*Clinical Preceptor: Dr. H. Singh, MD*

Provided general medical care and treatment to patients in medical clinic. Managed acute and stable chronic illnesses of low-income and middle-income families.

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Focused on health maintenance, health promotion, risk reduction, and client education.

### Adult Primary Care

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*Banner Thunderbird Hospital, Glendale, AZ* 9/07-12/07

*Clinical Preceptor: Patti Struck, FNP*

Managed acute illnesses and chronic, complex, multi-system disease processes of adults with a cardiology emphasis in a hospital setting.

Counseled clients regarding health risk factors, smoking cessation, stress management, physical activity, and disease management.

### Geriatric Medicine

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*Sun Health Rehabilitation Center, Sun City, AZ* 6/07-9/07

*Clinical Preceptor: Elaine Chanin, ANP*

Provided medical services to elder adults in a sub-acute setting and assisted living facility.

Performed medication management, blood pressure and blood sugar monitoring, and provided referrals for clients with special needs.

Provided counseling on nutrition, exercise, and medication.

## PROFESSIONAL EXPERIENCE

### Nurse Practitioner- Neurology

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*Phoenix Neurological Associates, Phoenix, AZ* 8/17/09-present

Conduct examinations, provide treatment and counsel patients. Order and interpret test results and recommend treatment of patients. Administer therapeutic procedures. Prescribe therapy or medication.

### Senior Clinical Manager

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*Banner Boswell Medical Center, Sun City, AZ* 12/28/06-8/7/09

*Acute Rehabilitation Unit*

Managed a busy 44 bed acute rehabilitation nursing unit.

Leads, directs, develops, and implements strategies for the clinical care of designated clinical areas. Shapes and interprets standards to improve and ensure quality outcomes, operational effectiveness, clinical excellence, and patient, physician, and employee satisfaction.

Maintained a staff of 72 FTE's, develops strategies and growth initiatives that lead to outcomes supportive and synergistic with facility and organizational plans.

### Patient Care Manager

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*Sun Health Del E. Webb Hospital, Sun City West, AZ* 11/04/03-12/27/06

*MICU/SICU, Resource Office*

Managed two ICU units comprised of a total of 24 ICU beds.

Managed the Resource Office, Flex pool, SWAT nurses, and House Supervisors.

Leads, directs, develops, and implements strategies for the clinical care of designated clinical areas. Shapes and interprets standards to improve and ensure quality outcomes, operational effectiveness, clinical excellence, and patient, physician, and employee satisfaction.

Maintained a staff of 60 FTE's, responsible for financial stewardship.

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### Clinical Staff Nurse, Charge Nurse, Preceptor

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*Maryvale Hospital, Phoenix, AZ*

*6/01-11/03*

#### *Medical Intensive Care Unit*

Provided nursing care on a 16 bed medical intensive care unit consisting of respiratory disorders, renal failure, and drug/alcohol addictions. Other specialties included cardiac disorders and endocrine disorders.

Expertise in complex wound care, diabetes management, ventilator management, cardiac medication management, and advanced life support measures for an ethnically diverse population of underserved clients.

### Clinical Staff Nurse

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*Firstat Nursing Services, Phoenix, AZ*

*6/00-6/02*

#### *Medical/Surgical Intensive Care Unit*

Provided nursing care on multiple intensive care units throughout the valley consisting of patients with cardiovascular disease, respiratory disorders and multisystem organ failure.

Competence in complex wound care, diabetes management, ventilator management, cardiac medication management, and advanced life support measures for an ethnically diverse population of underserved clients.

### Clinical Staff Nurse

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*Thunderbird Hospital, Glendale, AZ*

*6/99-6/01*

#### *Medical / Cardiovascular Intensive Care Unit*

Provided nursing care on a 16 bed intensive care unit consisting of patients with cardiovascular disease, respiratory disorders and multisystem organ failure.

Completed ACLS training, New Hire Intensive Care Academy Training, Network Donor training, and HIV Counselor training.

### AWARDS & HONORS

- Who's Who Among Executives and Professionals, 2008-2009
- Who's Who Among Students in American Colleges and Universities, 1998-1999
- BSN, Graduated Magna Cum Laude 1999

### PROFESSIONAL ASSOCIATIONS

- Sigma Theta Tau International Honor Society of Nursing, Member, 1999-Present
- American Nurses Association, Member, 2003-present
- American Association of Critical Nurses, Member, 2001-2007

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### NURSING CONTINUING EDUCATION CREDITS

- Nurse Practitioner Review Course, Advanced Practice Education Associates Nurse 5/2008, 2/2009
- Nursing Management's Recruitment & Retention Conference 5/2007
- National Teaching Institute & Critical Care Expo, 5/06
- Arizona Health Care Leadership Academy , Participant, 2004-2007
- The Advisory Board, Nursing Leadership Academy, Participant, 2004-2006

### NON-CEU EDUCATIONAL TRAINING

- Current Medical Group, lecture on Cardiac Enzymes, 1/09
- Suture Clinic and Lesion Removal; Workshop, 12/08
- Eli Lilly Pharmaceuticals lecture on Glucose Homeostasis and the Role of Incretin Hormones, 10/08
- Onyx Pharmaceuticals lecture on Hepatitis C, 9/08
- Takeda Pharmaceuticals lecture on Chronic Idiopathic Constipation, 7/08

### REFERENCES

- Dr. Harsimaran Singh, MD, clinical preceptor, 1 year  
(623) 872-1818
- Randy Currier, PhD, colleague, 5 years  
(602) 206-0726
- Nancy Zismann, RN, MSN, colleague, 5 years  
(623) 872-4825